



Carlisle Cricket Club Policy on Changing Rooms and Showering Facilities

This policy applies to the arrangements to be made for adults and children using changing facilities.

- Adults must not change, or shower, at the same time using the same facility as children – if the same changing room is used then they must have different times
- If adults and children need to share a changing facility, they must do so at different times.
- Mixed gender teams must have access to separate male and female changing rooms
- Due to the risks of inappropriate photography or filming, mobile phones must not be used in changing rooms

If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. It should be suggested that they shower or change at home.